

APRIL 20, 2024

Porto | Portugal

**BUSINESS
ALWAYS**

International Conference

business always

Together we
believe we will
have a **global
impact.**

www.businessalways.net

Dear Reader

Our community is growing and becoming more vibrant every single day. Business Always's ultimate goal is to reach everyone around the world.

At Business Always you find a global group of like-minded people, and future partners, with new perspectives and an unshakeable hope to improve our current standards. Your collaboration and participation in our events is a key part of our strategy. Together we believe we will have a global impact.

This year's event is reaching people from several countries worldwide. We would like to thank you, and let you know that we consider you as part of the Business Always community. We are beyond grateful for your support, and we hope we can have you even more involved with our group. We have so much to achieve together.

On behalf of the entire team of Business Always, we would like to end this letter with a profoundly sincere "Thank You"... We are honoured to have you with us... Together we will accomplish our most ambitious goals.

Thank you,

Business Always' team

Our Vision

Business Always provides people around the world the opportunity to hear the most remarkable leaders in the field. Our purpose is to empower everyone to join our efforts, and to provide everyone with the opportunity to learn from the top leaders in the field.

It is our mission not only to educate everyone, but also to serve as a platform where everyone can have an active role on making the future a reality.

It is our goals to inspire and empower each participant to become an active agent. We believe that everyone around the world will be able to have a contribution for our common goals.

Regardless of where each participant lives, we are bringing everyone online, giving everyone the opportunity to participate in changing the current status quo, and giving everyone the opportunity to join this global effort, affordably, easily, and comfortably.

Our mission is to empower everyone to join our goals, by educating, and providing the proper tools for action, as well as by providing orientation and mentorship from the best in the world. We believe we make the world a better place... together...



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Program Overview



08:30am ● **OPENING SPEECH**

09:00am ● **TALK**



Elizabeth Sutton
VIEW SPEAKER

09:30am ● **TALK**
EDL - Exponential
Design Lab



Giorgio Gaviraghi
VIEW SPEAKER

10:00am ● **TALK**
Tel-Aviv University



Dino Levy
VIEW SPEAKER

10:30am ● **TALK**
Kayzen for Business



Arin Vahanian
VIEW SPEAKER

11:00am

TALK

Coach. Corporate
Wellness. Mindfulness
Meditation



Amy McCae
VIEW SPEAKER

11:30am

TALK

7 Most Fascinating
People of South
Florida



Kavita Channe
VIEW SPEAKER

12:00pm

PANEL



12:30pm

BREAK FOR LUNCH

Program Overview

AFTERNOON (EST Time)

Jeff Hoffman
VIEW SPEAKER



TALK • 01:30pm

Paul Zak
VIEW SPEAKER



TALK
Claremont
Graduate University • 02:00pm

Ashley Mansour
VIEW SPEAKER



TALK
LA Writing Coach • 02:30pm

Eddie Avil
VIEW SPEAKER



TALK
XR BAZAAR,
XROM & CHANGE
TRANSFORM INDIA • 03:00pm

Reese Jones
VIEW SPEAKER



TALK
Singularity
University • 03:30pm

Program Overview

AFTERNOON (EST Time)

PANEL
Accelerating Companies

• 04:00pm



CLOSING REMARKS

• 05:00pm

DINNER AND NETWORKING

• 05:15pm

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Speakers



Reese Jones

Associate Founder at Singularity University.

Reese Jones is a biophysicist, inventor, and entrepreneur. He is the inventor of the CAT5 ethernet cable, and one of the original founders of Singularity University. Reese has contributed to over a dozen silicon valley startups growth including IPOs and acquisitions including Farallon, Netopia, Smaato, Genome Compiler, Cambrian Genomics, and Singularity University. He's served on boards

at the Santa Fe Institute and Harvard Medical School's Genetics Council. Reese is a biophysicist and associate founder of Singularity University. A veteran of Silicon Valley, he has helped launch multiple companies, innovations, and patents. He likes building infrastructure companies for emerging technologies in health, biology, mobile, and internet.

Paul Zak

Scientist. Prolific Author. Public Speaker.

Human connection. Paul's two decades of research have taken him from the Pentagon to Fortune 50 boardrooms to the rain forest of Papua New Guinea. All this in a quest to understand the neuroscience of human connection, human happiness, and effective teamwork. paulaboutHis academic lab and companies he has started develop and deploy neuroscience technologies to solve real problems faced by real people.

His latest book, Trust Factor: The Science of Creating High Performance Companies, uses neuroscience to measure and manage organizational cultures to inspire teamwork and accelerate business outcomes. His 2012 book, The Moral Molecule: The Source of Love and Prosperity, recounted his unlikely discovery of the neurochemical oxytocin as the key driver of trust, love, and morality that distinguish our humanity. In another obsession, Paul's group uses neuroscience to quantify the impact of movies, advertising, stories, and consumer experiences. Along the way, he has helped start severa

transdisciplinary fields, including neuroeconomics, neuromanagement, and neuromarketing.

Here are his specs: Paul is the founding Director of the Center for Neuroeconomics Studies and Professor of Economics, Psychology and Management at Claremont Graduate University. He has degrees in mathematics and economics from San Diego State University, a Ph.D. in economics from University of Pennsylvania, and post-doctoral training in neuroimaging from Harvard. You can check out his academic lab, the first Neuroscience as a Service (NaaS) platform, and neuromanagement company. He also serves as a senior advisor to Finsbury, a global leader in strategic communications that advises many of the world's most successful companies.

Paul's research on oxytocin and relationships has earned him the nickname "Dr. Love." That's cool. He's all about adding more love to the world.





Devin Fidler

Devin Fidler is a strategic foresight expert and disruptive innovation advisor.

“Emerging network technologies are creating new ways of getting things done. These are on a collision course with companies as we know them. There’s a growing need to rethink fundamental assumptions. This ‘rethinkery’ is a critical step for any organization that wants to move forward.”

Devin Fidler is the Founder of Rethinkery Labs, a research and consulting center focused on the forces shaping tomorrow’s companies. He has worked with senior leaders at dozens of Fortune 1000 companies to chart key emerging issues and technologies, and to leverage their potential.

Devin leads software projects at Rethinkery to prototype new tools for “self-driving” management.

These experiments have been covered in a number of publications, including the New York Times and Harvard Business Review. Today, he argues, traditional companies themselves are a technology on the verge of disruption.

Devin is a frequent speaker at gatherings of business leaders and innovators interested in the transformation of work and organizations. He is focused on building processes to help companies achieve deeper levels of innovation by changing how they orchestrate resources and knowledge, getting them to the just right places at just the right time. Having lived and worked in several countries throughout his career, Devin brings a global perspective to all his projects.



Jeff Hoffman

Award-winning global Entrepreneur, Speaker, Humanitarian.

Jeff Hoffman is an award-winning global entrepreneur, proven CEO, worldwide motivational speaker, best-selling author, Hollywood film producer, a producer of a Grammy Award winning jazz album, and executive producer of an Emmy Award winning television show. In his career, he has been the founder of multiple startups, he has been the CEO of both public and private companies, and he has served as a senior executive in many capacities. Jeff has been part of a number of well-known successful startups, including Price-line.com/Booking.com, uBid.com and more.

Jeff is the CEO of Driving Force Enterprises, a strategic consulting firm that teaches exponential growth to business owners and entrepreneurs, as well as teaching innovation strategies to corporations and governments worldwide. Jeff serves on the boards of companies in the US, Europe, the Middle East, South America, Africa, and Asia. He supports entrepreneurs and small businesses worldwide. He is the Chairman of the Global Entrepreneurship Network, which works with entrepreneurs in 180 countries, as well as being a founding board member of The Unreasonable Group, whose startup companies have operations in 185 countries and have raised over \$4 billion in funding. He is also the Global Chairman of Dream Tank, a worldwide youth problem solving network. Jeff supports the White House, the State Department, United Nations, and similar organizations internationally on economic growth initiatives and entrepreneurship programs.

Jeff is a frequent keynote speaker, having been in-

vited to speak in over 60 countries. He speaks on the topics of innovation, entrepreneurship, and business leadership, and is the author of the book SCALE, a how-to guide for growing your business. Jeff also teaches innovation workshops to major corporations on a regular basis.

Jeff is a featured business expert seen on Fox News, Fox Business, CNN, CNN International, Bloomberg News, CNBC, ABC, and NPR, and in publications including Forbes, Inc., Time, Fast Company, the Wall Street Journal, and more.

Jeff was honored with the Champion of Entrepreneurship Award from JP Morgan Chase, Citibank, and Rising Tide Capital, as well as receiving the George Brown Award for International Cooperation from the US State Department. Jeff received the Commitment to Excellence Award from CitySummit in 2019, as well as receiving a Lifetime Achievement Award and being inducted into the Entrepreneurs Hall of Fame for his contributions to the field of entrepreneurship. He was also honored with the Best of the Best Award from the national CEO association (Collegiate Entrepreneurship Organization).

Outside of the world of technology, Jeff has produced TV shows, has produced movies in Hollywood, has produced musical events including concerts, tours, and charity events with such artists as Elton John, Britney Spears, NSYNC, Boyz II Men, and others, and serves on numerous charity and non-profit boards.

Eddie Avil

Founder at XR BAZAAR, XROM & CHANGE TRANSFORM INDIA

Eddie Avil is the Founder / CEO of XROM, an Immersive Tech focused Group company with various business legs all incepted with a vision to nurture and nudge India's Augmented Reality/Virtual Reality Industry.

Eddie has created:

- XROM-News, a one-stop source for XR News, latest happenings from India and around the Globe.
- XROM-Podcast, the first of its kind Audio/Video podcast for the AR/VR Industry in India.
- XROM-Studios, an XR Content Studio that made India's first Stereoscopic Award-Winning Virtual Reality Short experience—CRACKLE.
- XR-Bazaar, an E-Commerce platform with a mission to solve the accessibility problem of AR/VR Hardware, Software & Accessories availability in India.

Eddie is also the Founder of IMMERSION—India's 1st Virtual Reality Film Fest & Conference which saw over 600 guests in attendance and featured 40+ speakers and experts from India and around the world. IMMERSION is being called the Flagship IP for XR in India.

In 2020, Eddie founded Change Transform India, an exponential tech-focused IP/Movement, a platform

for disrupters, innovators, entrepreneurs, policy change-makers, and impact investors building our tomorrow.

The first part of the IP CHANGE I M Possible Podcast was launched on India's Republic Day 26th Jan 2020. CTI engages in conversations on the future of humanity with leaders from India and around the globe.

This podcast discusses disruptive technologies including Artificial Intelligence, IoT, Blockchain, Extended Reality, Synthetic Biology, Robotics, Autonomous Vehicles, Drones, 3D Printing, and Quantum Computing. It works to educate, engage, empower, and help businesses, individuals, government, institutions, and investors leverage exponential technologies and build a future-ready India.

Eddie was recently awarded "50 Fabulous Innovative Leaders at the World HRD Congress 2020".

Eddie is also Partner and Owner at Sounds Good Studios since 2010. This is a state of the art audio and video recording studio in Mumbai. In 2014, they received the Excellence in Production Award at the Mirchi Kaan Awards 2014.





Arin Vahanian

Founder, CEO Quantage, LLC

After spending nearly 10 years doing business in locations such as Spain, China, and Japan, Arin founded Quantage with the mission of helping global, growth-oriented companies in the nuanced world of international business. Specifically, he assists individuals and startup companies with their business strategy so that they can increase awareness of their product/service, increase revenues, and build a competitive advantage in the market(s) they serve. Arin holds a BA and MBA (Management) degree from California State University, Northridge. He is also PMP, Lean Six Sigma, Scrum, and ITIL-certified. Additionally, he is a published author, having written works such as “An Expat’s Guide to Investing Offshore”, “Kaizen for Men”, and speaks six languages. In his spare time, Arin enjoys traveling, reading non-fiction, listening to electronic music, and following new developments in technology and longevity.

Giorgio Gaviraghi

Founder and CEO of EDL.

Giorgio Gaviraghi received his Architectural degree from the Milan Polytechnic. He has since taken part in a number of graduate courses in management, marketing and design in several major universities.

At first as Project Architect, later as Project Manager, where he was responsible to deal with international projects for the Austin Co. an international design and construction company, he has built a distinguishable career across the globe. He has acted as CEO for international companies operating in Europe, the US, Latin America and the Middle East in the field of design and construction, aerospace facilities, real estate and touristic resorts development.

In several capacities he was responsible for major initiatives, some worth over 5\$US, such as the design and project management for the reconstruction of thousands of buildings damaged by the Friuli earthquake, an aerospace facility for commercial aircraft final assembly for Aeritalia – Boeing, an aircraft overhauling facility for HAI in Greece, advanced testing facilities for SDI initiative in the US, high rises buildings in New York, several touristic resorts in Sardinia and the Red Sea region.

An achiever of international competitions in innovative products and systems for industrial design. Giorgio has specialized in space architecture for advanced projects and proposals for major space agencies. Winning as tutor for college and high school students over 18 prizes in international space settlements and space related projects.

Partner of the MAAT project consortium for revolutionary airship-based air transportation system sponsored by the EU. Founder of the Star Voyager organization for the advancement of space development and interstellar travel.

Founder and CEO of edl (exponential design lab) in Latin America specialized in advanced and global projects. Author of over 80 papers ranging from space, transportation, city planning, design and other topics, including authoring articles and books, the latter Global Challenges by Lambert Pub.

Delivered several courses at universities in Europe and Latin America. Actually professor at UFMT in Brazil, teaching Exponential Creativity a disruptive post graduate course.





Kavita Channe

TV Personality, Entrepreneur: Sip Channé (wine brand)

Kavita Channe is known for her work as a sports and entertainment TV host and producer. A true multi-hyphenate, this TV personality, entrepreneur, philanthropist also counts becoming a mother as one of her greatest achievements and one of her biggest drivers to break barriers for women and minorities in both media and television.

As a London native with ancestry from India, Kavita moved to the US when she was five years old, bringing with her goals of creating, entertaining and performing within a competitive field. Realizing early on that her natural talent lay in front of the camera, she attended the University of Florida, earning a Bachelor of Science Degree in Journalism, Telecommunications and Business.

After graduating college, Channe launched The Procurer, a luxury celebrity concierge, and marketing firm. Shortly after she was asked by a client to regularly interview celebs on the red carpet of his Miami venue. This led to TV presenting work, which evolved into national sports broadcasting, and celebrity hosting and entertainment she is known for today.

In 2011, Kavita created her own YouTube channel, 1stDownNDirty. With over 1.6 million views, she interviewed athletes and took viewers behind the scenes of the sports world. That led to an offer by Fox Sports in 2012 to cover nationally aired high school football games along with Florida Panthers broadcasts. Channe was also producing and hosting segments for VIP TV covering all things sports and celebrity in Florida.

By 2014, she had been recruited by the Jacksonville Jaguars to be their sideline reporter and was also added as a host on the all- female daily talk show The Chat on ABC and NBC in Jacksonville. Channe then went on to become the grid-side reporter for NPLG's GRID (the world's first co-ed professional sport) as well as cage-side for Titan FC on UFC.

Not only had she become a respected voice in the sports industry, being featured on Mantalk Radio, Fox Sports and many other radio programs nationally, but Channe also produced and hosted her own "Kavita Channe Special," going one-on-one with sports stars airing on VIP TV.

Beyond sports broadcasting and journalism, Kavita has appeared on television in HBO's Ballers, the Fox reality TV show Paradise Hotel, and VH1's Baller Wives. She also worked as a featured correspondent in Designing Spaces on TLC. Kavita has also held roles in feature films, including Broke: The New American Dream, CHECKPOST, and her latest, Dependence, released in 2021.

Channe brings a dynamic energy to her many memorable speaking engagements, bringing her talents to the United States, South Africa, Singapore and beyond. She also frequently partners with non-profits to lend her voice to reputable organizations including the American Heart Association, the Cystic Fibrosis Foundation, Miami Diaper Bank, HANDY, American Red Cross, United Way and 211 Broward where she is a board member.

Nuno Martins, Ph.D.

Polymath, researcher, entrepreneur, and a healthy life extension advocate.

Nuno is a polymath, a researcher, an entrepreneur, and a life and health extension advocate. As a polymath, he usually likes to make use of different subject areas, drawing ideas and concepts from different bodies of knowledge to solve specific problems.

As an illustrative example, his published papers involve several fields of research, for example: quantitative neuroscience, computer science, nanotechnology, robotics, and others. Several previous education experiences have supported and nurtured his polymath approach to problems. As a researcher, he is interested in any scientific, engineering, or technological development with potential applications or consequences for healthy life extension. Along these lines, he is currently focused on developing technologies for human healthy life extension.

In business, he created his own company to fund his education. Along the way, several academic awards and grants contributed to his necessary funding strategy. The growth of his original company permitted him to create a business group embracing a set of different companies that operate in a large spectrum of business sectors, including: business consulting, education, information tech-

nologies, healthcare services, online sales, and several others.

On life extension related topics, early in his life, motivated to take control of his own health he decided to make several courses related to health-care, body training and nutrition. Thus, he completed several courses related to life and health care, for example, he is a swimming teacher, a professional tennis teacher, a body-building and aero-fitness teacher, a power-lifting professor, and he completed also several courses in nutrition and sleep optimization.

As public speaker Nuno participates in conferences and meetings providing high quality professional presentations in his style. One of Nuno's public appearances was on a groundbreaking large conference (attended by approximately one thousand attendees), where Nuno presented along with amazing celebrities, such as: the visionary billionaire Peter Nygard, the always inspiring Suzanne Somers, and the famous futurist Ray Kurzweil, among many other celebrities... Nuno makes easy the understanding of technical challenging subjects, making accessible to the general audience the most difficult problems.



Steven A. Garan, Ph.D.

Director Of Bioinformatics At CREA And Serves On It's Advisory Board.



Steven A. Garan is the Director of Bioinformatics at CREA and serves on it's Advisory Board, he is also a researcher at the Lawrence Berkeley National Laboratory. While at the University of California, Berkeley, he played a major role in the invention and the development of the Automated Imaging Microscope System (AIMS). While at UC Berkeley, Garan collaborated for many years with a group from Paola S. Timiras's lab, on the role that caloric restriction plays in maintaining estrogen receptor-alpha and IGH-1 receptor immunoreactivity in various nuclei of the mouse hypothalamus. Garan was also the director of the Aging Research Centre, and is a leading scientist in the field of aging research. His numerous publications, include articles on systems biology, the effects of caloric restriction on the mouse hypothalamus and on the Automated Imaging Microscope System (AIMS). He is best known for the coining of word "Phenomics", which was defined in an abstract titled: "Phenomics: a new direction for the study of neuroendocrine aging", that was published in the journal Experimental Gerontology.

Steven A. Garan, was the lead scientists that developed the AIMS system along with Warren Freitag, Jason Neudorf and members of the UC Berkeley lab where AIMS was developed and utilized. Many journals articles have been published about the system and the results that it produced. Since the

completion of the first version in 1998, newer versions were developed, with the final version being completed in 2007. Empowering investigators to accurately count specific cell populations is essential to all fields of neurobiology. While computer assisted counting technology has been in use for over a decade, advances in an Automated Imaging Microscope System (AIMS), now insure 97% accuracy when comparing computer counts to human counts for both nuclear and cytoplasmic stained tissue. More importantly, regional analysis can now be customized so that only cell populations within specified anatomic regions will be targeted for counting, thus reducing the background noise of non-immunoreactive cells when characterizing specific cell populations. This application was recently used to successfully map the density and distribution of both nuclear expressed estrogen receptor-alpha and cytoplasmicly expressed IGF-1 receptor in specific hypothalamic nuclei. Furthermore, AIMS can now detect intra-hypothalamic differences in receptor expression and measure phenomenon such as lateralization. By using this technology, the evaluation of tissue-level biology can be used to establish neuroendocrine biomarkers of aging, and analyze the neuroendocrine effects of caloric restriction and gene knockout models that extend the lifespan.



Elizabeth Sutton

CEO, Elizabeth Sutton Collection | Forbes #Next1000 List.

Power designer-influencer Elizabeth Sutton (b. 1989) is a millennial “mom-preneur”-artist who is changing the world of interiors one smart, colorful product at a time. Known for her bright, bold stylings and good vibes ethos, Sutton’s distinctive creations for the home, office and the good life have been recognized by Architectural Digest, The New York Times, The Wall Street Journal, and top tastemakers from New York City to Los Angeles. Indicative of her originality and broad appeal, Sutton’s varied client roster includes celebrities and luminaries, from Kourtney Kardashian, Paris Hilton, and Pitbull to Andrea Bocelli and Iris Apfel. She has won ‘Best in Show’ at designer showcases; been featured in Bravo’s Million Dollar Listing; and was included in Forbes’ inaugural ‘Next 1000’ list of top up-and-coming American entrepreneurs, dubbed “the artist and designer to know right now.”

Her Miami and New York City-based fine art and design firm, Elizabeth Sutton Collection, caters to residential and hospitality clients seeking to make a statement—and have a little fun. Sutton’s portfolio includes original art works and a rainbow of prod-

ucts, including acrylic prints, dazzling clutches, bold-patterned rugs, and even original coloring books. She is committed to shaping spaces and experiences, and is continually on the hunt for strategic partnerships and licensing deals to bring her unique design vision to life. Recent creative collaborations include TileBar, Janovic, The Whale, a high-concept office building in Brooklyn, NY, and ongoing projects with the Eden Rock Hotel in St. Barths.

Complementing her natural-born talent, Sutton’s commercial savvy and innate ability to tap into trends keeps her at the forefront of today’s most influential designers, whose relevance spans generations, genders and markets.

In Fall 2021, building on the growing work-from-home trend—and a desire to bring more comfort and joy to our daily lives—Sutton launched an exclusive line of office chairs with Raynor, the largest manufacturer and distributor of office furniture in the United States.



Ashley Mansour

International Best Selling Author | Book Strategist & Writing Coach | Founder & CEO, LA Writing Coach & Brands Through Books.

Ashley Mansour is a renowned book strategist, author coach, and the author of two #1 Amazon Bestsellers. She is the founder and CEO of LA Writing Coach, which serves clients all over the United States and internationally.

She has over a decade of experience in entertainment and digital media working as a writer, executive and award-winning film producer. Her work has been featured on KTLA, FOX, Beyond 50 Radio, and in publications such as People Magazine, Nylon, Rolling Stone, and The Huffington Post.

Ashley teaches everyone from experts to global thought leaders how to elevate their authority beyond their tribe to create the impact, worldwide reach, and level of distinction in their field they truly deserve through the power of a masterpiece authority-building book.

Her methodologies completely redefine the status quo of book writing and give busy business owners and experts the precise tools to get out of “the weeds” of their businesses and expand their audiences, share their impact and explode their income through the power of a thought leadership book.

Ashley's clients achieve rapid transformation in her programs, and learn the strategies and systems necessary to become a faster, better writer and a more influential authority virtually overnight.

Her proprietary methodologies – The TAP Method – shared in her #1 Amazon Bestseller, The Writer's Success Code, and the PAE System, her Profitable Book Formula, has helped hundreds of people with their books and countless others become successful authors for the very first time.

Dino Levy

Assistant Professor in Neuromarketing and Neuroeconomics at Tel-Aviv University.

Prof. Dino Levy is an associate professor at the Marketing Department at Collier School of Management, Tel-Aviv University and the head of the Neuroeconomics and Neuromarketing lab since 2012. He is also a member of the Sagol School of Neuroscience at Tel-Aviv University and a visiting scholar at the Institute for the Interdisciplinary Study of Decision Making at NYU. Prof. Levy has a BA in Economics from Tel-Aviv University and an MA in Psychobiology, in which he graduates Magna Cum Laude, also from Tel-Aviv University. He received his PhD in 2008 from the Neurobiology Department at the Weizmann Institute of Science in the field of animal models of drug addiction. He then continued for post-doctoral studies at the Center for Neuroeconomics at NYU in which he examined the neural value representations of both primary and monetary rewards.

In his they use an interdisciplinary approach, which

involves quantitative economic theories, combined with advanced behavioral methods and theoretical models from psychology, marketing, and economics with neuroscience techniques such as functional magnetic resonance imaging (fMRI) and Electroencephalography (EEG).

The main aim of his studies is to try and better understand how we make decisions and what are the neural mechanisms underlying value-based choices. The projects in the lab range from examining the neural correlates of value computations and the common currency network, deciphering the neural mechanisms of irrational choice behaviors both in humans and in basic organisms, through looking for a common denominator between basic visual perception and value computations, to projects that aim to predict future preferences and population success of marketing stimuli using neural signals.



Amy McCae

Coach. Corporate Wellness. Mindfulness Meditation.

Amy McCae is a Certified Life Coach, Holistic and Spiritual Wellness Expert, and Transformational Speaker. Her intention is to partner with organizations and individuals to improve health, create authentic relationships, and increase success rates through mindful practices.

After spending nearly a decade ill, she healed herself through natural methods and rediscovered a passion for helping others. Her desire to help and to educate others would allow her to continue to learn and receive countless certifications. You can view the complete list on her website www.amymc-cae.com

Her life long passion for healing along with my interest in the science of brain function would lead me to meditation and mindfulness. The benefits of these practices are profound and now scientifically

proven. A few of these benefits include; increased memory, attention and emotional intelligence as well as boosted immunity, improved relationships, heightened levels of creativity and intuition, increased confidence, enhanced success rates, as well as happier and more peaceful living.

Transformational Thinking: Mindful Methods for Health, Relationships, and Success is a program she offers to corporations, groups, and individuals teaching meditation and mindfulness. The topics include: the science of meditation, learning to meditate, the power of belief and thought, creative visualization, getting in touch with your intuition, understanding your body as energy and so much more. Each seminar includes instruction, science based facts and benefits as well as tools you can use today.

Ticket Options

ONLINE

€159

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- ✓ Access to all panels
- ✓ Meet other attendees
- ✓ Explore all livestream topics covering current biggest trends
- ✓ Network and connect with our speakers and participants
- ✓ Upskill through our experts knowledge
- ✓ Make valuable connections within our global network
- ✓ Meet the world's most exciting companies in the space

ESSENCIAL

€745

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- ✓ Full access to all panels of debate
- ✓ Full access to Expo Area

VIP

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PREMIUM

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- ✓ Full access to all panels of debate
- ✓ Full access to Expo Area
- ✓ **PREMIUM** seating
- ✓ Access to Event Platform Premium section
- ✓ Pen Drive (with Full-Event Recording with all talks and panels)
- ✓ **Networking with speakers** (including lunch with speakers and private introduction)

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